



**PHYSICIAN REFERRAL FORM**

\*Information is kept confidential and reviewed by the RTRA's Medical Advisor, Physiotherapist and Instructor/or Instructors, for a Riding Program assessment.

**Name:** \_\_\_\_\_ **Birth date:** \_\_\_\_\_  
(client)

**Address:** \_\_\_\_\_  
(Apt, City, Postal Code)

**Parent(s) or Guardian(s):** \_\_\_\_\_

**Address:** \_\_\_\_\_  
(If different from above)

**Home phone:** (\_\_\_\_) \_\_\_\_\_ **Work:** (\_\_\_\_) \_\_\_\_\_

**Cell:** (\_\_\_\_) \_\_\_\_\_ **email:** \_\_\_\_\_

**Primary Diagnosis:** \_\_\_\_\_ **Date of onset:** \_\_\_\_\_

**Secondary Diagnosis:** \_\_\_\_\_ **Date of onset:** \_\_\_\_\_

**Height:** \_\_\_\_\_ **Weight:** \_\_\_\_\_ **Diabetic:** \_\_\_\_\_ **Insulin:** \_\_\_\_\_

**Ambulatory:** **Y** or **N** If no, please indicate aids used: \_\_\_\_\_

**Epileptic:** **Y** or **N** If yes, please indicate type, frequency and date of last seizure: \_\_\_\_\_

**General Health:** \_\_\_\_\_

**Communicable Disease:** **Y** or **N** If yes, please explain: \_\_\_\_\_

**Allergies:** **Y** or **N** If yes, please indicate: \_\_\_\_\_

**Previous Surgeries and dates:** \_\_\_\_\_

**MEDICATIONS**

Prescription/non-prescription: \_\_\_\_\_ Use: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Tone: Upper extremities \_\_\_\_\_ Lower extremities \_\_\_\_\_  
Trunk \_\_\_\_\_

Balance: Sitting \_\_\_\_\_ Standing \_\_\_\_\_ Walking \_\_\_\_\_

Language: English \_\_\_\_\_ Other \_\_\_\_\_ Sign Language \_\_\_\_\_

Speech: Good \_\_\_\_\_ Fair \_\_\_\_\_ Poor \_\_\_\_\_ Non-verbal \_\_\_\_\_

Ability to Understand: Good \_\_\_\_\_ Fair \_\_\_\_\_ Poor \_\_\_\_\_

Sensory Function: Sight \_\_\_\_\_ Hearing \_\_\_\_\_ Tactile \_\_\_\_\_

Continence: \_\_\_\_\_

**Briefly describe any intellectual or emotional problems which may affect participation in this program or any other comments you might find useful in planning an individual riding program for this client.**

Understanding that riding is a risk activity, I feel the possible benefits are greater than the possible risks. In my opinion, the patient named above may participate in the **Regina Therapeutic Riding Program**.

Physician \_\_\_\_\_  
(please print clearly)

Signature \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

Phone (\_\_\_\_) \_\_\_\_\_, Fax (\_\_\_\_) \_\_\_\_\_, Email \_\_\_\_\_